The Coaching Habit
Say Less, Ask More & Change the Way You Lead Forever
by Michael Bungay Stanier
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Harlan Howard said every great country song has three chords and the truth. This book gives you seven questions and the tools to make them an everyday way to work less hard and have more impact.

_The Coaching Habit_ has received praise from thought leaders such as Dan Pink, David Allen, Brené Brown and Dave Ulrich, as well as senior leaders from over 100 organizations, ranging from Facebook to TD Bank.

It has more than 100 5-star reviews on Amazon.com

Possible questions for interviews

What do you mean by “coaching”?

How does coaching help people do less Good Work and more Great Work?

Why is it so hard for most people to be curious?

What do you mean by “the advice monster”?

What's a good way to start a conversation – coaching or otherwise?

Where do most people go wrong after starting a coaching conversation?

What’s the secret to helping people find focus in the work they do?

What question lies at the heart of being strategic?

What's the most powerful coaching question in the world?

What question is at the heart of human happiness?

What's a powerful way to finish any conversation?

How do you help people build new habits?